

#### Important Disclaimer

The following PowerPoint Presentation "Preparing for the Boards" was developed in 2006 by members of the Junior Fellow College Advisory Council (JFCAC). The JFCAC developed the presentation to assist Junior Fellows when preparing for the American Board of Obstetrics and Gynecology (ABOG) examinations.

Please be advised that this information does not include the requirements as outlined in the ABOG Bulletins, the official documents that specify requirements and processes for certification, maintenance of certification and other functions of the Board.

For exam dates and official requirements please refer to the ABOG site <a href="https://www.ABOG.org">www.ABOG.org</a>

What you need to know to prepare and succeed

WWW.ABOG.ORG

**KNOW IT and USE IT** 

AND START LEARNING
THE PROCESS NOW!!

Two Part Process:

Written Exam

**Oral Exam** 

#### Written Exam

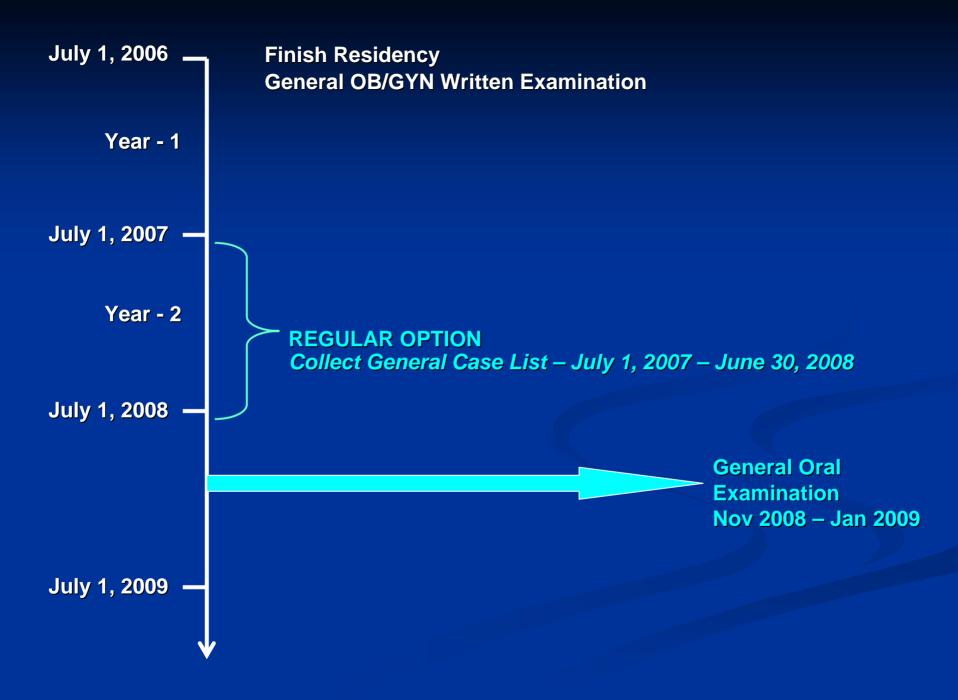
- Apply during your Chief year
- Written request for application
- Taken at end of residency
- 3 hour and 40 minute examination
- Computerized, Multiple choice

- Oral Exam
  - 2 options for timing
  - Written request for application
  - 3 hour examination:

Gynecology Office Practice Obstetrics

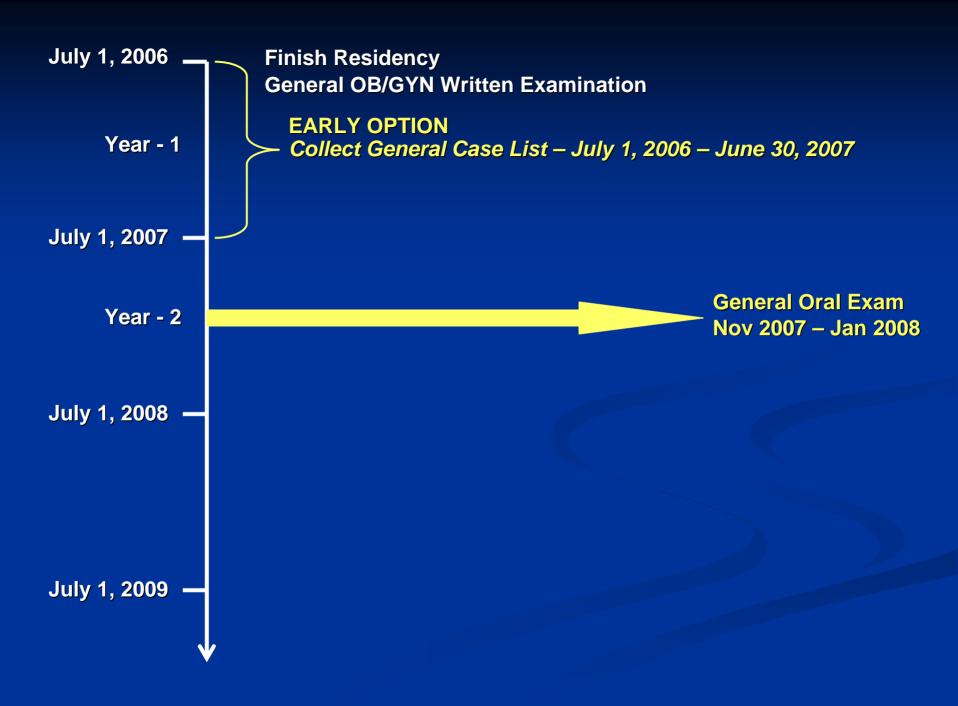
- 50% case list/50% standardized cases

- Oral Exam Traditional Track
  - Apply beginning year 2
  - Collect cases year 2
  - Exam during year 3



- Oral Exam Accelerated Track
  - Apply beginning year 1
  - Collect cases year 1
  - Exam during year 2

- Oral Exam Accelerated Track
  - <u>MUST</u> pass written exam
  - Must start practice by September 1<sup>st</sup>
    - Must finish residency by August 31<sup>st</sup>
  - Lottery for only 300 positions
    - Request for application must be received by September 15th
  - Subspecialty fellows eligible



### **Case List Preparation**

3 parts of list:

Gynecology
Obstetrics
Office Practice

- Cases managed independently over 12 months
- Must be inclusive of all cases you managed and were responsible for
- Deidentified/ HIPAA compliant

# Case List Preparation *Gynecology*

- Minimum of 20 hospitalized or shortstay cases
- Cases put into one of 29 categories
- Max of 2 cases /category
- Must include all cases you managed

### Case List Information Gynecology

- Age
- Gravidity
- Parity
- Admission/Preoperative Diagnosis
- Treatment
- Surgical Pathology/Diagnosis
- Complications
- Days in Hospital

### Case List Information Gynecology

 Total # of Gynecologic ultrasounds and Color Doppler examinations on hospitalized patients

# Case List Preparation *Gynecology*

- Need uterus weight for Hyst
- If insufficient # cases, collect cases for 18 months and/OR may use selected
   Chief resident cases (fellows)

### Case List Preparation Obstetrics

- Minimum of 20 hospitalized or shortstay cases
- Cases put into one of 31 categories
- Max of 2 cases /category
- Must include all cases you managed (some exceptions – see The ABOG Bulletin)

### Case List Preparation Obstetrics

- Need maternal length of stay/outcomes
- Need infant BW, Apgars, length of stay
- If insufficient # cases, collect cases for 18 months and/or may use selected Chief resident cases (fellows)

### Case List Preparation Office Practice

- Only need 40 cases (no more/no less)
- Cases put into one of 40 categories
- Max of 2 cases /category
- Cannot use cases from Chief year

### Case List Information Office Practice

- Age
- Gravidity
- Parity
- Problem
- Diagnostic Procedures
- Treatment
- Results
- Number of Visits

### Case List Information Office Practice

 Total # of Ultrasound or Color Doppler evaluations in:

**Obstetric Patients** 

Gynecologic Patients

Other areas (Abdominal/Thoracic/ Pediatrics, etc)

### Case List Preparation General Guidelines

- Prospectively collect cases/outcome data
- Use only approved abbreviations
- Case list software available from ABOG
- Test software in advance
- BACKUP LIST FREQUENTLY!

### Case List Preparation General Guidelines

- Have case list reviewed by colleague (local and distant)
- Medical records will need to sign off (allow ample time)
- Don't procrastinate!

### Case List Preparation General Guidelines

- DO NOT....
  - Fabricate cases
  - Exclude "bad outcome" cases
  - Submit non-de-identified caselist info
  - Use non-approved abbreviations (See ABOG Bulletin)

#### Oral Examination

- Format: 3 1 hour sessions for each of the 3 main areas
- 50/50 case list/standardized cases
- 2 new examiners for each hour
- NO FEEDBACK FROM EXAMINERS

# Oral Examination Example Format

	30 Minutes	30 Minutes
Hour 1	Gynecology Standardized Cases (2-3)	Gynecology Case List
Hour 2	Obstetric Standardized Cases (2-3)	Obstetric Case List
Hour 3	Office Practice Standardized Cases (2-3)	Office Practice Case List

- Be Proactive
- Be Aware of Deadlines
- Be Prepared
- Don't Procrastinate
- Don't Stress Out!